

# Wakefield Ridge Adventure Hike



Are you looking for an adventure hike into one of the world's most spectacular regions?

The Wakefield Ridge hiking route is a backcountry adventure route which has no formed track. As the route can be indistinguishable at times a guide is recommended if you do not have good hiking and route finding skills. Your efforts will be rewarded as you get a real feeling of wilderness as we leave the crowds behind and venture into a truly inspiring landscape.

Our adventure hikes have a maximum of 8 people.

For more information read our participants guide and equipment list.

Wakefield Ridge hiking route overlooking Lake Pukaki and the Ben Ohau Mountain Range

Imagine adventuring high into one of Aoraki/Mount Cook National Park's best kept secrets. You will be surrounded by a landscape has been fashioned by the immense power of glaciers forming glacial lakes, valleys, hanging glaciers, moraine walls and an impressive braided river system . This is the stunning scenery that you will experience as you hike up above the valley to views looking over the terminal of the Mueller Glacier, the Tasman Glacial Lake and the 360 degree views from the Southern Alps to Lake Pukaki. This also has the greatest variety of native plant life on our adventure hikes with remnant forest whose ancestry dates backs over 100 million years, alpine shrubland and herbfields.

With a vertical rise of around 700m (2100ft) this is perfect for those looking for a more physically challenging adventure hike into the New Zealand backcountry where few people explore.

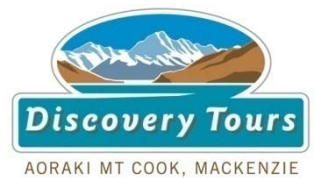
Explore this World Heritage Area with our knowledgeable local guides and discover an amazing landscape of tectonic uplift, glaciers, alpine flora and fauna and fascinating cultural and historic heritage.

**Duration** 5 to 6 hours including lunch stop and short breaks.

**Costs** NZ \$165 pp (all prices valid until September 2010).

Gourmet lunch can be purchased for an extra \$NZ 25.00 pp

**Fitness level:** high fitness needed.



[www.discoverytours.co.nz](http://www.discoverytours.co.nz) [info@discoverytours.co.nz](mailto:info@discoverytours.co.nz)  
Office: Corner of Wairepo and Ostler Road Twizel 7901 NZ. 0800 213 868 (NZ only) +64 3 4350 114



endorsed  
visitor activity

## Equipment List

All participants must have the following items.

Day pack to carry the following;

- Waterproof jacket (shower proof not suitable)
- Overtrousers
- Water: (1 to 1.5 litres of water per person)
- Good lace up hiking boots. In summer hiking shoes are suitable.
- Sunscreen, sunglasses, a sun hat or warm hat, gloves and any medication you may need (i.e. asthma inhaler).
- Camera!!
- Lunch and snack food Lunches can be ordered for your convenience. Please order at least 24 hours before the hike starts.

### Do you need to hire anything?

Boots \$15.00 per pair

Day Pack \$10.00 per pack

Please let us know if you need to hire equipment at least 48 hours in advance.

### We provide.

Adjustable Walking pole or bring your own if you prefer.

Waterproof jackets and overtrousers if needed.

Any other required safety equipment.

### You should wear.

You should have comfortable clothing (jeans are not suitable) and have layers so you can adjust to the weather (i.e. hot or cold conditions). We recommend wearing long trousers or if you wear shorts to have gaiters to reduce possible scratching from vegetation.

We also recommend wearing good hiking socks as these will keep your feet more comfortable.

# Wakefield Ridge **Adventure Hike** Participant Guide and Equipment List

The Wakefield Ridge Hike starts with a steep 400m rise through beech forest and scrubland. After this the slope progressively becomes less steep the higher you go and the views just keep getting better. The route is not marked and is indistinguishable in places so your guide will make sure you stay on route. The route is uneven underfoot in places and includes some small sections where the route is very narrow through vegetation. Depending on time, we may walk over the wide frost shattered ridge where ancient glaciers once reached.

This hike operates only when it is free of snow (usually October/November to May).

### Further information

- If conditions on the Wakefield Ridge are not suitable (i.e. ice, avalanche, weather conditions) the hike will continue on the East Hooker Valley hiking route or the Hooker Valley Track.
- If you have any issues with heights, balance, knees, hips, ankles or wear bifocal glasses, please call us so we can recommend the best hike for you.
- Please note minimum numbers apply to confirm hikes.
- There is no smoking on hikes due to fire risk.
- Please reconfirm you hike 24 hours before starting time on freephone
- 0800 213 868 or +64 3 4350 114
- Minimum age 18 years. Anyone under 18 years of age must be accompanied by a parent or guardian and approval must be sought when you book the hike.
- Please read our disclaimer and fill the form out before starting the hike. It can be emailed to us in advance or filled out before the hike.

### Cancellation Policy

There is no cancellation fee if:

- The hike is cancelled before the start due to safety reasons.
- If the hike is cancelled at least 48 hours before starting time.

However any food ordered that cannot be cancelled will be charged for. You are welcome to take it with you.

Within 48 hours of starting time a full cancellation fee may be charged at the discretion of Discovery Tours Ltd.



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# Discovery Tours Ltd / Helibike.com Ltd Customer disclaimer.

**Please read the following carefully:** This information is relevant for your safety and the safety of those traveling with you. You need to understand that your actions and the actions of others are beyond our control and that in any adventure activity there is an element of risk involved. Risks in undertaking activities with Discovery Tours Ltd or Helibike.com Ltd may include personal injury or illness as a result of an accident or changeable weather conditions.

1) The staff and management of Discovery Tours Ltd and Helibike.com Ltd take all practicable steps to identify and minimise potential dangers. However, you must follow our instructions and use the safety equipment provided at all times. Adults accompanying any person under the age of 18 years old must ensure that the underage person follows our instructions at all times. **You must release or indemnify Discovery Tours Ltd and Helibike.com Ltd and our staff against any liability we incur to anyone else, resulting from your failure to follow our instructions or the failure of any person accompanying you under the age of 18 years of age to follow our instructions.**

2) We reserve the right to withdraw any person who in our opinion is likely to endanger themselves or others. We also reserve the right to cancel or alter any of our activities if we become concerned for any reason for your safety or that of any other person.

**WARNING: Under New Zealand law it is extremely unlikely that you will be able to sue anyone if you are injured. In addition, New Zealand accident compensation scheme provides only limited assistance to visitors to New Zealand who are injured. We strongly recommend that all visitors to New Zealand have full insurance covering any injuring they might suffer, including medical treatment cover, before undertaking this activity.**

3) **To the extent permitted by law** you as a Customer (and those under your care) are signing to release Discovery Tours or Helibike.com Ltd, its employees, agents or contractors from all actions and claims for any loss, damage or compensation in respect of any personal injury, damage to property or provincial loss or consequential resulting from any activity undertaken by you the Customer (or those under your care) while in the care and guidance of Discovery Tours Ltd or Helibike.com Ltd or through Discovery Tours Ltd or Helibike.com Ltd or any other tour, activity, or service recommended by Discovery Tours Ltd or Helibike.com Ltd. The exclusion is subject to any rights or remedies you may have under the Consumer Guarantees Act 1993.

4) The Customer shall indemnify and hold harmless Discovery Tours Ltd or Helibike.com Ltd from any claim whatsoever from any third party in respect of any loss, claim, or damage suffered by the Customer (and those in the customer's care), including without limiting the generality foregoing the Customer's travel insurance company.

5) The Customer warrants that he, she (and those in their care) are in good health and are not suffering from any medical condition which would ordinarily preclude him, her or them from undertaking any activity through Discovery Tours Ltd or Helibike.com Ltd, and acknowledges that Discovery Tours Ltd and Helibike.com Ltd will accept no responsibility for any accident, event or medical mishap occurring as a result of the Customer's ill health.

6) The customer agrees that in the event that Discovery Tours Ltd or Helibike.com Ltd services are contracted for business purposes, then pursuant to section 43 of the Consumer Guarantees Act 1993, that Act shall not apply.

7) The customer authorises Discovery Tours Ltd or Helibike.com Ltd to retain the Customer's details for marketing and survey purposes. In terms of the Privacy Act 1993, the customer shall have the right to correct any details held from time to time by Discovery Tours Ltd or Helibike.com Ltd.

8) The Terms contained in this registration form and declaration form represent the entire terms and conditions between the parties and all other representations, promises or undertakings whether verbal or implied are hereby expressly excluded. Further more the Terms and Conditions contained within this registration form are governed by the Laws of New Zealand and the Customer agrees to be subject to the exclusive jurisdiction of New Zealand.

9) These terms and conditions can only be varied in writing between the parties and in the event that any term contained in this document shall be unenforceable or illegal, then that provision shall be severable, with the balance of the agreement continuing to bind the parties.

10) These terms and conditions can only be varied by agreement in writing between the parties. Further more in the event that any term contained in this registration form shall be unenforceable or illegal, then that provision shall be severable, with the balance of the Agreement continuing to bind the parties. Please advise us of any medical or physical conditions or any other information we may need to know with regard to your safety and the safety of others, before you take part in any of our activities. For example asthma, allergies, heart conditions, epilepsy or pregnancy.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

And any people under the age

of 18 accompanying you.

## Activity (please tick)

Lord of the Rings

East Hooker Hike

Helibike Twizel

Ultimate Glacier Discovery

Wakefield Hike

Glacier Discovery

Other hike:

Other:

Helihike

Existing medical conditions or allergies	
Recent or reoccurring physical injuries ( i.e. knees, ankles etc)	
<p>I acknowledge that as far as I am aware I have no medical or physical condition that will adversely affect my ability to undertake this activity and that I understand the terms and conditions stated in this form. I will bring with me any medication I may need.</p>	
<p><b>Signature and Date:</b></p>	

**To be filled in by participants on any guided hikes, heliking, helibike, mountain bike or other adventure activity**

Home Address:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Emergency Contact Name and address.

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 \_\_\_\_\_  
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Emergency Contact Phone No:

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